

Mount Vernon HS Running Start Course Equivalencies

MVHS Running Start students should use this course equivalency matrix to determine which Running Start classes to take, to meet their remaining Graduation Requirements as listed in their Skyward Student Access, Graduation Requirements tab.

<p style="text-align: center;">ENGLISH</p> <p>Students may take any of the SVC course(s) below, to meet their remaining MVHS English requirements.</p> <p>English 101,102, 103, 111, 112,113, 170, 220, 230, 236, 244, 245, 246, 254, 280</p> <p>Literature 115, 221, 223, 240, 261</p> <p>Communications Studies (all CMST 100 or above)</p>	<p style="text-align: center;">MATH</p> <p>Students may take an SVC Math class that is 100 level or higher to meet their remaining MVHS Math requirements.</p> <p style="text-align: center;">Math 100 and above</p> <hr/> <p style="text-align: center;">SCIENCE</p> <p>Students may take any SVC Science class 100 level or higher in any of the below subject areas to meet their remaining MVHS Science requirements.</p> <p style="text-align: center;">Courses 100 & above: Astronomy, Biological Science, Chemistry, Earth Science, Environmental Conservation, Geology, Natural Science, Nutrition, Physics</p>
<p>MVHS SOCIAL STUDIES Requirements</p>	<p>SVC Course Options</p>
<p>Civics</p>	<p>Political Science 101 or 202</p>
<p>US History I & II</p>	<p>History 147 or 148</p>
<p>Washington State History</p>	<p>History 214</p>
<p>World History</p>	<p>History 127 OR 128</p>
<p><u>MVHS Social Studies Elective</u></p> <p>SVC Course Options: Economics 100 and above Sociology 101, 107, 112, 160, 201 Philosophy 101 and 215 Ethnic Studies 100, 111, 112, 120, 123, 201, 210 Geography 100 History 128, 219, 240, 245, 270, 280, 283 Psychology 100 Social Science 100, 109, 110, 211, 280, 281 Political Science 100 and above</p>	<p style="text-align: center;"><u>Career & Technical Education (CTE)</u></p> <p>SVC Courses 100 level or higher any below area: Accounting, Allied Health Ed., Automotive Tech, Business, Business Management, Computer Information systems, Computer Science, Criminal Justice, Culinary Arts and Hospitality Management, Dental, Diesel Power Tech, Early Childhood Ed., Engineering, Environmental Conservation, Fire Protection Tech, Geographic Info Systems, Human Services, Journalism, Manufacturing Tech., Multimedia & Interactive Tech., Nursing, Office Administration and Accounting, Welding Tech</p>

PHYSICAL EDUCATION (PE) Any SVC PE Courses 100 level or higher	WORLD LANGUAGE Any World Language course 100 level or higher
HEALTH SVC PE 100 (Wellness for Life) <u>AND</u> PE 200 (First Aid/Safety)	High School & Beyond Plan (HSBP) For the Class of 2026: CSS 103, BUS 101 at SVC, or complete the Class of 2026 HSBP tasks in Schoolinks . <u>11/2025 update for the Class of 2027 & Beyond:</u> For your classes, the State now requires students complete the HSBP tasks in Schoolinks . <ul style="list-style-type: none"> Use your MVHS email & password to login
ART Any SVC Fine Arts course that is 100 or higher	ELECTIVES Any SVC course that is 100 level or higher

Note: Please use the below chart to verify the number of college credits possible, based on the number of MVHS courses you are or plan to be enrolled in.

Students eligible for Free or Reduced lunch at MVHS may qualify to have additional credits covered. Please contact your SVC Advisor for more information.

COLLEGE CREDIT LIMITS FOR 2025-26 Based on # of HS Classes		
# of MVHS CLASSES	MVHS FTE Full Time Equivalency	Maximum College Credits Covered by Running Start
0	0	21*
1	.18	18
2	.36	15
3	.54	12
4	.72	10
5	.90	7
6	1.0	6

* Students should check with the college to verify the maximum number of credits allowed.

COLLEGE CREDIT LIMITS FOR 2026-27 Based on # of HS Classes		
# of MVHS CLASSES	MVHS FTE Full Time Equivalency	Maximum College Credits Covered by Running Start
0	0	19
1	.18	16
2	.36	14
3	.54	11
4	.72	8
5	.90	6
6	1.0	4

Credit Equivalency Chart	
College Credits	High School Credits
5	1.0
4	0.8
3	0.6
2	0.4
1	0.2